



THE LEONIDAS PROJECT

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Worksheet for “Is There A Psychopath In My Parish ?”

Items to reflect on alone or discuss in groups

1. Am I or are any of us demonstrating the behaviours associated with sufferers from Anti-Social Personality Disorder ? How should I/we modify our behaviour ?
2. Are there any indications that I/we are either actively abetting or passively permitting people in the congregation to behave in the manners identified as being associated with Anti-Social Personality Disorder ? How can I/we stop being accomplices ?
3. Can I/we identify anyone within our Parish who may have been harmed by these behaviours ? How can I/we support them ? I am being prevented from doing so out of fear of being targeted ?
4. Am I or any of us guilty of participating in “Triangulation” ?
5. Do we need to create a Non-Triangulation Covenant for our Parish ?
See online example at <https://www.uua.org/leadership/library/some-basic-advice-triangulation>
6. In the film, Rev Dr Dennis Maynard has described 7 signs of a “Sheep Attack”. Do I/we recognise any of these Signs in our Parish ? If YES, what can we do to prevent a repetition ?
7. How will I/we challenge people who are exhibiting these harmful and sinful behaviours ?
8. How will I/we pray for God’s help with these issues ?

Do I demonstrate the characteristics of a Psychopath or a Sociopath ?

You can take this medically approved online test. This quiz is not meant to diagnose psychopathy or tell you definitively whether or not you’re a psychopath. However it will give you a pretty good idea, based upon the body of research into the topic.

<https://psychcentral.com/quizzes/psychopathy-quiz>

Some further reading:

Affinity fraud: do psychopaths target specific groups of people?

<https://aftermath-surviving-psychopathy.org/2011/12/affinity-fraud-do-psychopaths-target-specific-groups-of-people/>

Life as a Nonviolent Psychopath—The Story of Dr James Fallon

<https://www.theatlantic.com/health/archive/2014/01/life-as-a-nonviolent-psychopath/282271/>

20 Ways to Spot the Psychopath in Your Life

<https://www.myfloridalaw.com/twenty-ways-to-spot-the-psychopath-in-your-life/>

When Sheep Attack - Rev Dr Dennis Maynard

<https://www.goodreads.com/book/show/10269490-when-sheep-attack>